Scottish Diabetic Retinopathy Grading Scheme 2007 v1.1

The grading scheme is hierarchical and feature based. The grade for each eye is determined by the lowest grade compatible with the features present. Maculopathy is graded separately and in addition to the overall retinopathy grade.

Note that Grade R6 (not adequately visualised) should not be reported if despite poor image quality or visualisation, features sufficient to achieve a grade of R3, R4 or M2 can be identified, in which case ophthalmology referral is indicated.

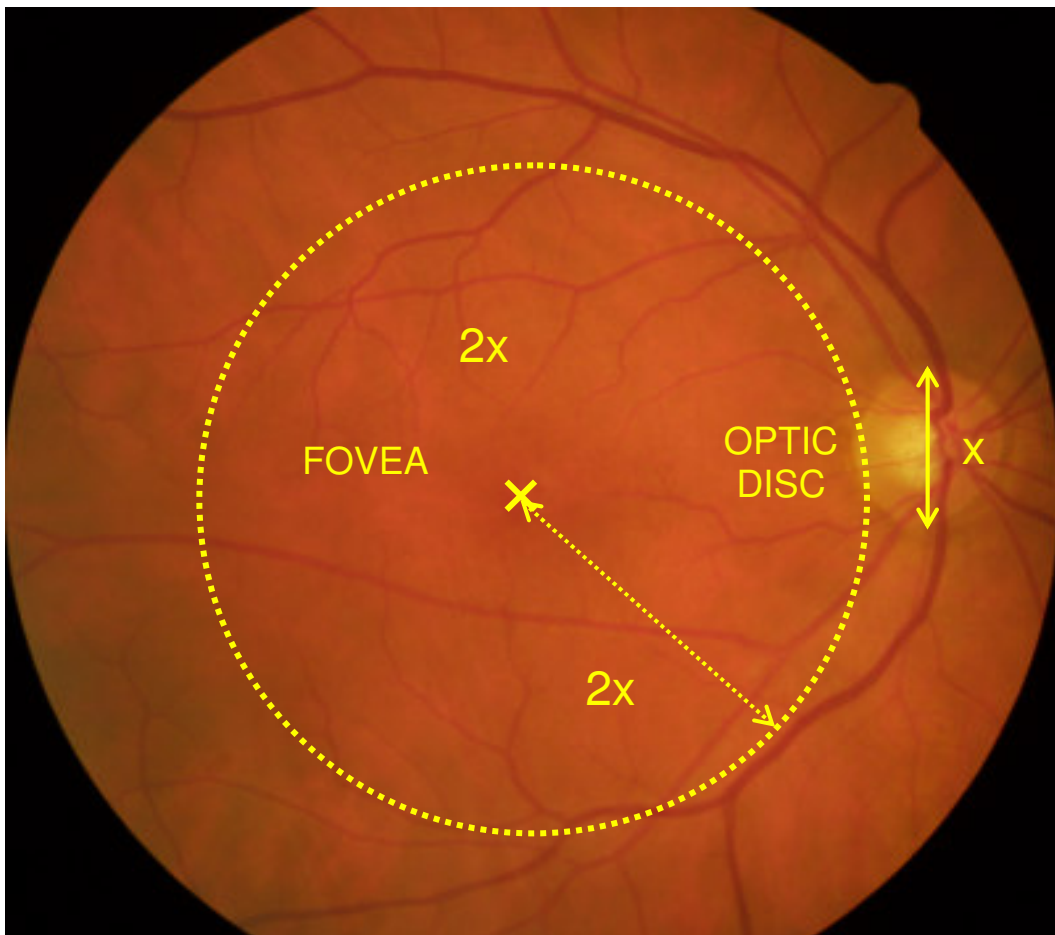| Retinopathy	Description	Outcome
R0 (no visible retinopathy)	**No diabetic retinopathy anywhere**	**Rescreen 12 months**
R1 (mild)	**Background diabetic retinopathy BDR - mild** The presence of at least one of any of the following features anywhere ▪ dot haemorrhages ▪ microaneurysms ▪ hard exudates ▪ cotton wool spots ▪ blot haemorrhages ▪ superficial/ flame shaped haemorrhages	**Rescreen 12 months**
R2 (observable background)	**Background diabetic retinopathy BDR - observable** Four or more blot haemorrhages (ie ≥AH standard photograph 2a – see below) in one hemi-field only (Inferior and superior hemi-fields delineated by a line passing through the centre of the fovea and optic disc)	**Rescreen 6 months** (or refer to ophthalmology if this is not feasible)
R3 (referable background)	**Background diabetic retinopathy BDR – referable** Any of the following features: ▪ Four or more blot haemorrhages (ie ≥AH standard photograph 2a – see below) in both inferior and superior hemi-fields ▪ Venous beading (≥AH standard photograph 6a – see below) ▪ IRMA (≥AH standard photograph 8a – see below)	**Refer ophthalmology** *These patients may be kept under surveillance and will not necessarily receive immediate laser treatment.*
R4 (proliferative)	**Proliferative diabetic retinopathy PDR** Any of the following features: ▪ Active new vessels ▪ Vitreous haemorrhage	**Refer ophthalmology** *These patients are likely to receive laser treatment or another intervention.*
R6 (inadequate)	**Not adequately visualised** : Retina not sufficiently visible for assessment	**Technical failure** *Arrange alternative screening examination. This will be automatic within the screening programme.*

All photographic images in relation to Diabetic Retinopathy grading outcomes can be viewed at http://eyephoto.ophth.wisc.edu/ResearchAreas/Diabetes/DiaStds.htm.

Maculopathy	Description	Outcome
M0 (No maculopathy)	No features ≤ 2 disc diameters from the centre of the fovea sufficient to qualify for M1 or M2 as defined below.	**Rescreen 12 months**
M1 (Observable)	Lesions as specified below within a radius of > 1 but ≤ 2 disc diameters the centre of the fovea ▪ Any hard exudates	**Rescreen 6 months** (or refer to ophthalmology if this is not feasible)
M2 (Referable)	Lesions as specified below within a radius of ≤ 1 disc diameter of the centre of the fovea ▪ Any blot haemorrhages ▪ Any hard exudates	**Refer ophthalmology** *These patients may be kept under surveillance and will not necessarily receive immediate laser treatment.*

Coincidental findings	Description	Outcome
Photo-coagulation	**Laser photocoagulation scars present**	
Other	**Other non-diabetic lesion present:** ▪ Pigmented lesion (naevus) ▪ Age-related macular degeneration ▪ Drusen maculopathy ▪ Myelinated nerve fibres ▪ Asteroid hyalosis ▪ Retinal vein thrombosis	

Image Quality Definition

1. An image with visible referable retinopathy or maculopathy is always an adequate image for the purposes of grading.

2. An image that has adequate quality for grading has both adequate field definition ("has the correct area of retina been photographed?") and adequate clarity ("would referable retinopathy and maculopathy be identified, if present).

   2.1   An image with adequate field definition displays the intended macula-centred 45° portion of the retina
            2.1.1.   The entire optic disc must be displayed
            2.1.2.   The fovea must be at least 2.0 DD from the edge of the image.

2.2.   An image with adequate image clarity allows referable retinopathy and
maculopathy to be identified, if present.

2.2.1.   The third generation vessels radiating around the fovea must
be visible.